

Child and Adult Care Food Program (CACFP) Eligible Retail Products



General Mills is proud to offer a variety of widely available and popular brands that meet CACFP requirements including “Big G” cold cereals, Yoplait® and Mountain High™ yogurt, Progresso™ canned beans, Old El Paso™ products, and Gold Medal™ flour.

"Big G" Whole Grain-Rich Cereals



Cheerios™



Multi Grain
Cheerios™



Multi Grain Cheerios™
with Real Strawberries



Kix™



Honey Kix™



Berry Berry
Kix™



Wheaties™



Rice Chex™



Corn
Chex™



Cinnamon
Chex™



Blueberry
Chex™



Wheat Chex™



Total™



Cheerios™
Oat Crunch Berry



Gluten Free
Ingredients can change over
time. Always check the product
label every time you buy.

Cereal Serving Sizes in CACFP

	Ages 1 - 2	Ages 3 - 5	Ages 6 - 12
Flakes or Rounds (for example, Cheerios and Wheaties)	½ cup	½ cup	1 cup
Puffed Cereal (for example, Kix and Chex)	¾ cup	¾ cup	1 ¼ cup

<https://www.doe.in.gov/sites/default/files/nutrition/cacfpchildmealpattern-2.pdf>

Yogurt – Multipacks (cup and tube); Tub; and Individual Serve Cup



Yoplait® Kid Cups
4 oz cups in multipack



Yoplait® Go-Gurt®⁺
2 oz tubes in multipack



Yoplait® Smooth Style
4 oz cups in multipack



Yoplait® Original
32 oz tubs



Mountain High™
32 oz & 64 oz tubs



Yoplait® Original[†]
6 oz cups in single serve
and multipacks



Yoplait® Lactose Free
6 oz cups

Yogurt Serving Sizes in CACFP 4 oz yogurt = 1 Meat/Meat Alternate

	Ages 1 - 2	Ages 3 - 5	Ages 6 - 12
Breakfast	¼ c (2 oz)	¼ c (2 oz)	½ c (4 oz)
Lunch	½ c (4 oz)	¾ c (6 oz)	1 c (8 oz)
Snack	¼ c (2 oz)	¼ c (2 oz)	½ c (4 oz)

<https://www.doe.in.gov/sites/default/files/nutrition/cacfpchildmealpattern-2.pdf>

Child and Adult Care Food Program (CACFP) Eligible Retail Products



Additional Eligible Products

Gold Medal™ Flour



Self-Rising Flour



Bread Flour



Unbleached
All-Purpose Flour



White Whole
Wheat Flour



Whole
Wheat Flour



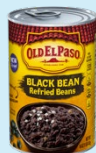
Enriched
All-Purpose Flour

Chex Mix™ Snack Mix Whole Grain-Rich Snack



Simply Chex™
Strawberry Yogurt

Old El Paso™ Beans, Rice & Tortillas



Black Bean
Refried Beans



Traditional
Refried Beans



Vegetarian
Refried Beans



Fat Free
Refried Beans

Progresso™ Beans



Black Beans



Cannellini
White Kidney
Beans



Chick Peas



Dark Red
Kidney Beans



Red
Kidney Beans

Resources from USDA's Team Nutrition

These resources will help you identify whole grain-rich foods and determine whether specific cereals and yogurt meet CACFP sugar limits.

[Identifying Whole Grain-Rich Foods in CACFP](#)

[Calculating Sugar Limits for Breakfast Cereals in CACFP](#)

[Calculating Sugar Limits for Yogurt in CACFP](#)

Child and Adult Care Food Program (CACFP) Eligible Retail Product List



Whole Grain-Rich Cereals

Meet the CACFP sugar requirements of no more than 6 grams per dry ounce (oz).

	UPC	PACKAGE SIZE	PRODUCT DESCRIPTION	LABELED GLUTEN FREE	
	16000-18914	24 oz	Cheerios™ Oat Crunch Berry	No	
	16000-18915	18 oz			
	16000-14159	1.3 oz	Cheerios™	Yes	
	16000-27526	8.9 oz			
	16000-48772	12.0 oz			
	16000-17003	18.0 oz			
	16000-12541	20.0 oz			
	16000-16392	21.7 oz	Multi Grain Cheerios™	Yes	
	16000-43509	40.7 oz			
	16000-27515	9.0 oz			
	16000-48769	12.0 oz			
	16000-16875	18.0 oz			
	16000-17303	34.5 oz	Multi Grain Cheerios™ with Real Strawberries	Yes	
	16000-40105	37.5 oz			
	16000-16167	11.5 oz	Kix™	No	
	16000-62570	12.0 oz			
	16000-16703	18.0 oz	Berry Berry Kix™	No	
	16000-16966	18.0 oz			
	16000-16962	18.0 oz	Corn Chex™	Yes	
	16000-48796	12.0 oz			
	16000-17108	18.0 oz	Rice Chex™	Yes	
	16000-48794	12.0 oz			
	16000-17102	18.0 oz	Cinnamon Chex™	Yes	
	16000-10371	12.0 oz			
	16000-17099	19.2 oz	Blueberry Chex™	Yes	
	16000-49234	12.0 oz			
	16000-27549	14.0 oz	Wheat Chex™	No	
	16000-42724	19.0 oz			
	16000-27563	16.0 oz	Whole Grain Total™	No	
	16000-27565	15.6 oz	Wheaties™	No	

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Yogurts

Meet the CACFP sugar requirements of no more than 23 grams per 6 ounce (oz) serving.



Yoplait® GO-GURT® 2 oz Tubes Multipacks

UPC	PRODUCT DESCRIPTION
70470-13774 70470-18746	Yoplait® GO-GURT® Punch & Strawberry Watermelon
70470-13776 70470-18743	Yoplait® GO-GURT® Berry & Cherry
70470-13777	Yoplait® GO-GURT® Strawberry & Punch
70470-13778	Yoplait® GO-GURT® Strawberry
70470-13779 70470-13794 70470-18649	Yoplait® GO-GURT® Strawberry & Vanilla
70470-13791 70470-49203 70470-18739 70470-13797	Yoplait® GO-GURT® Strawberry & Berry
70470-13792	Yoplait® GO-GURT® Cotton Candy & Melon Berry
70470-13768	Yoplait® GO-GURT® Berry
70470-13795	Yoplait® Go-GURT® Cotton Candy & Strawberry Banana
70470-13773 70470-18741	Yoplait® GO-GURT® Raspberry & Strawberry Banana
70470-13772 70470-18744	Yoplait® GO-GURT® Strawberry & Cotton Candy
70470-17404	Yoplait® GO-GURT® Cotton Candy
70470-13771 70470-18742	Yoplait® GO-GURT® Strawberry & Mixed Berry
70470-13767	Simply Go-GURT® Strawberry
70470-15526	Simply Go-GURT® Mixed Berry & Strawberry Banana
70470-13729 70470-18748	Simply Go-GURT® Strawberry & Mixed Berry



Yoplait® Smooth Style 4 oz Cups Multipacks

UPC	PRODUCT DESCRIPTION
70470-14716	Yoplait® Smooth Style Strawberry Banana & Blueberry
70470-14714	Yoplait® Smooth Style Strawberry & Vanilla

Yoplait® Kids 4 oz Cups Multipacks

UPC	PRODUCT DESCRIPTION
70470-40741	Yoplait® Wild Berry & Cotton Candy
70470-43826	Yoplait® Strawberry Banana & Raspberry
70470-44518	Yoplait® Strawberry & Blueberry
70470-46115	Yoplait® Strawberry & Cotton Candy
70470-46116	Yoplait® Strawberry & Strawberry Banana
70470-46118	Yoplait® Trix™ Strawberry & Berry

Yoplait® 32 oz Tubs

UPC	PRODUCT DESCRIPTION
70470-00439	Yoplait® Original French Vanilla
70470-29061	Yoplait® Original Harvest Peach
70470-29062	Yoplait® Original Strawberry Banana
70470-00430	Yoplait® Original Strawberry
70470-14748	Yoplait® Original Mountain Blueberry

Yoplait® 6 oz Cups Multipacks

UPC	PRODUCT DESCRIPTION
70470-40389 70470-44128	Yoplait® Original Strawberry & Harvest Peach
70470-40391 70470-44110	Yoplait® Original Strawberry & Strawberry Banana
70470-40387	Yoplait® Original Strawberry
70470-14171	Yoplait® Original Mountain Blueberry & Mixed Berry
70470-18388	Yoplait® Original French Vanilla
70470-18759	Yoplait® Original Harvest Peach
70470-44109	Yoplait® Original Strawberry & Mountain Blueberry



Yoplait® 6 oz Cups

UPC	PRODUCT DESCRIPTION
70470-00300	Yoplait® Original Strawberry
70470-00301	Yoplait® Original Red Raspberry
70470-00302	Yoplait® Original Mountain Blueberry
70470-00303	Yoplait® Original Cherry Orchard
70470-00306	Yoplait® Original Lemon Burst
70470-00307	Yoplait® Original Harvest Peach
70470-00308	Yoplait® Original Pineapple
70470-00310	Yoplait® Original Mixed Berry
70470-00312	Yoplait® Original Pina Colada
70470-00313	Yoplait® Original Strawberry Banana
70470-00317	Yoplait® Original Strawberry Kiwi
70470-00319	Yoplait® Original Orange Crème
70470-00321	Yoplait® Original Key Lime Pie
70470-00323	Yoplait® Original French Vanilla
70470-00325	Yoplait® Original Strawberry Cheesecake
70470-00329	Yoplait® Original Strawberry Mango
70470-00330	Yoplait® Original Blackberry Harvest
70470-44452	Yoplait® Original Cookies 'n Cream
70470-50484	Yoplait® Original Blackberry Pomegranate
70470-15412	Yoplait® Original Strawberry Smoothie
70470-15413	Yoplait® Original Blueberry Smoothie



Mountain High™ 32 oz Tubs

UPC	PRODUCT DESCRIPTION
75270-00166	Mountain High™ Fat Free Plain Nonfat
75270-00167	Mountain High™ Fat Free Vanilla
75270-00166	Mountain High™ Fat Free Plain Nonfat
75270-00167	Mountain High™ Fat Free Vanilla
75270-00160	Mountain High™ Original Whole Milk Plain
75270-00161	Mountain High™ Original Style Whole Milk Vanilla
75270-00165	Mountain High™ Original Style Whole Milk Strawberry

General Mills Child and Adult Care Food Program (CACFP) Eligible Retail Products



Additional Eligible Products



Chex Mix™

Whole grain-rich snack mix

UPC	PRODUCT DESCRIPTION
16000-16618 16000-16884	Simply Chex™ Strawberry Yogurt



Gold Medal™ Flour

Whole wheat and enriched flours.

UPC	PRODUCT DESCRIPTION
16000-12590 16000-12690	Gold Medal™ Unbleached All Purpose Flour 
16000-12410 16000-10720 16000-51048 16000-12670 16000-12610	Gold Medal™ All Purpose Flour 
16000-12430 16000-12640	Gold Medal™ Bread Flour 
16000-10730 16000-12660	Gold Medal™ Self-Rising Flour 
16000-51851	Gold Medal™ White Whole Wheat Flour
16000-12890	Gold Medal™ Whole Wheat Flour



Old El Paso™

Whole grain-rich tortilla bowls and refried beans.

UPC	PRODUCT DESCRIPTION
46000-84331	Old El Paso™ Spicy Fat Free Refried Beans
46000-82011	Old El Paso™ Fat Free Refried Beans
46000-30753 46000-82121 46000-82141	Old El Paso™ Traditional Refried Beans
46000-84351	Old El Paso™ Vegetarian Refried Beans
46000-41359	Old El Paso™ Black Bean Refried Beans
46000-82161	Old El Paso™ Green Chiles Refried Beans



Progresso™

Beans credit as either a meat/meat alternate or a vegetable.
¼ cup beans = 1 meat/meat alternate or ¼ cup vegetables

UPC	PRODUCT DESCRIPTION
41196-02032 41196-02035	Progresso™ Cannellini White Kidney Beans
41196-02012 41196-02016	Progresso™ Chick Peas
41196-02022	Progresso™ Red Kidney Beans
41196-02024	Progresso™ Dark Red Kidney Beans
41196-02122 41196-02124	Progresso™ Black Beans



Enriched Grain